



OFFICE OF THE BOARD OF HEALTH

Town of Arlington

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**Board of Health Meeting Minutes
Tuesday, August 9, 2005
First Floor Conference Room
Senior Center
4:00pm**

- I The minutes of the June 14, 2005 meeting were accepted as written.
- II **VARIANCE REQUEST: Sabatino's Variance Request**
Present: Samir Iweis, Manager and Ara Margosian II, Lawyer
Sabatino's requested a variance to allow pizza and calzones to remain at room temperature once out of the oven using *time as a public health control*. According to the plan submitted, pizza and calzone placed in the oven at 11:00am, must be discarded at 3:00pm; pizza and calzone put in the oven at 3:00pm must be discarded at 6:00pm, and pizza and calzone put in at 6:00pm to be discarded at 10:00pm. The recommendation of the department staff is to allow the variance without restrictions, other than reheating the pizza and calzone in the oven for immediate consumption, according to Code. Gloves must be worn at all times whether handling hot or cold ready to eat foods, and in the case of heated subs, tongs or wax paper can be used to handle them coming out of the oven. All foods ready for consumption cannot be touched with bare hands. The variance must be posted in the establishment at all times with the specifics listed. The request for this variance must be made in writing every year.
- III **HACCP Variance Request: Douglas Im, Asiana Grill**
Present: Douglas Im, Anna Im. Asiana Grill has requested a variance for the preparation and serving of sushi rice. A written HACCP plan for this process was presented to BOH a consultant had been hired specifically for this purpose. Restaurant staff were trained on how to properly prepare the rice. Denise Boucher stated that during an inspection on the previous day, the sushi chef was able to demonstrate the method of preparing the sushi rice and test it. The record keeping was adequate and they were able to prepare the rice in a very safe manner. Denise recommended the variance be approved with one concern that she also mentioned yesterday at the restaurant, which is that at all times, the person in charge is knowledgeable about the sushi area as well as the rest of the restaurant. The Board unanimously approved the variance.
- IV **PRESENTATION: Teresa Wood, Boston University School of Public Health student intern**
Teresa presented an overview of her summer internship with the BOH explaining the projects she initiated concerning lyme disease and sun exposure. To educate children on the danger of too much sun exposure, Teresa held workshops at the reservoir and various summer playgrounds. Walgreens, Foodmaster and Stop & Shop Supermarket donated sunscreen that Teresa was able to distribute to the public to emphasize the importance of sun protection. After researching lyme

disease and ticks, she produced plastic bookmarks that are being given out at the town libraries with an illustration of a tick and helpful advice on avoiding ticks. She also participated in many various BOH inspections, established an automatic fax number calling line to reach local physicians and health agencies in Arlington without having to dial each one individually. It was a very successful internship for both Teresa and the BOH, and we have the utmost confidence that she will be a welcomed addition to the health field.

V **DISCUSSION: Well Driller Regulations**

Each Board member has received a copy of the Lexington BOH regulations for well drilling which had been faxed to Christine Connolly. These regulations were requested in order to point out what other communities have in place. The only wells in existence in Arlington are used for irrigation and water quality monitoring. To insure that there are no wells being installed to feed water into their homes, it is best for the department to require that they register with the office. Christine Connolly will prepare and present a one-page list of requirements for drilling wells in Arlington at the next Board meeting.

VI **DISCUSSION: Demolition Requirements**

Christine Connolly explained the building demolition requirements in place for Board of Health approval for demolition. In order to avoid complaints from neighbors regarding asbestos, dust and other environmental concerns, the department will begin to send an inspector out to the site prior to sign-off on the demolition permit. In order to demolish a home or building the Building Dept issues a permit that must also be signed off by the Police and Fire Departments and the Board of Health.

VII **PRESENTATION: Jeanne Leary, Friends of Summer Street Park**

Christine Connolly stated that according to the Recreation Department, the Town was looking to potentially put a dog park on Hill's Hill, which is located on Summer Street at the intersection of Washington Street. Jeanne Leary, of Friends of Summer Street Park is opposed to a dog park at this particular site. Jeanne Leary explained a number of health and safety concerns that she had with the site as a dog park. Connolly acknowledged the hard work and effort made by Leary and the group to make the presentation but explained that a decision by the Board of Health on the matter was premature due to the Recreation Department claim that the dog park issue had been put on hold. Holly Kennedy from FOCCA also in attendance gave an opposing view of the dog park and stated that this concept is working well in surrounding towns

Adjourn

The next Board Meeting will be held on Tuesday, September 20, 2005 at 4:00pm at the Senior Center.